Informed Consent for Cranial Facial Release (CFR)

Your first balloon is at no charge and is part of your initial visit. In the future there is an additional $50 charge for CFR, due at the time of service. CFR is not billable to insurance and will not appear on an insurance statement.

Also important to understand that it usually takes multiple sessions of CFR treatments before you experience the full benefits of this technique.

CFR Treatment: CFR is an intra-nasal "balloon assisted" cranial adjusting technique where the doctor uses tiny balloons that are carefully inserted in the nose - specifically the naso-pharynx, which is the opening between the nose and the throat. CFR is not comparable and not similar to balloon sinoplasty. The balloon is then quickly inflated and bubbles back into the throat - this is the desired result. The balloon is then quickly deflated and removed. The entire procedure lasts about 3-5 seconds. It is not particularly painful, but not exactly comfortable. You will experience an increased amount of pressure in your face - not your nose. Then the balloon expands back through your nasal passageway and into your throat. The pressure is then released and the balloon is removed.

Oftentimes you will experience audible "cracking sounds" in your skull as the balloon expands and as the cranial sutures unlock - this is normal. Other possible occurrences when undergoing CFR treatment are bloody noses, congestion or mucus drainage, pain in your head or mouth, temporary clogged nose, temporary clogged ears, trauma to the throat and soft palate. Serious side effects that may be possible but are extremely rare are facial paralysis, facial and/or nasal fracture, loss of hearing, visual disturbances, loss of taste, loss of smell, infection, fatigue, malaise, anxiety, allergic reactions, emotional distress, mild shock, and in one case death due to inhalation of a balloon.

Other occurrences that may arise are the balloon may temporarily NOT deflate causing a momentary blockage of the airway, interfering with your ability to breathe causing you to feel like you are suffocating. Occasionally the balloon may separate from the inflator device and could possibly remain in the nasal passageways between the nose and throat. These are rare occurrences but are an inherent risk of the technique. Although these circumstances rarely occur, we have specific protocols in place to manage these risks.

IF YOU ARE ALLERGIC TO LATEX, PLEASE INFORM THE DOCTOR BEFORE UNDERGOING CFR TECHNIQUE.

Serious bodily harm is extremely rare and not an inherent risk for this form of chiropractic treatment. But many variables can adversely affect one's health, including previous injury, medications, osteoporosis, cancer, aneurism, occluded arteries, and other illnesses, disease, or conditions. When these conditions are present, chiropractic treatment, including CFR, may be associated with serious adverse events, such as fracture, dislocation, or aggravation of previous injury to ligaments, intervertebral discs, nerves, or spinal cord, nerve injury, or cerebral vascular accident. In cases of symptoms of stroke or cerebrovascular injury, such as severe headache unlike any previous headache, loss or change in hearing, vision, balance or speech, nausea or vomiting; immediately alert the doctor and seek medical attention. Your doctor is aware of this association and when appropriate may assess for symptoms and signs.

Please inform your chiropractor of all medications you are taking, including blood thinners, any surgeries you have *had, and any other medical condition you have, including osteoporosis, heart disease, cancer, stroke, fracture*, or *previous severe injury*.

As with any healthcare treatment, *there is no guarantee that this treatment will work for you.* It is important to understand that **the primary objective of CFR is to mobilize the cranial bones, unlock cranial fixations, correct cranial movements, and optimize function**. *It is not directed* at the *treatment* of *any one specific symptom, disease*, or *disorder, but often works when other methods have failed*.

Other options for the treatment of pain include: *do nothing - Just live with it, use* over-*the-counter medications*, *massage, medical or surgical care.*

There are a multitude of other treatments for pain. Most treatments that have potential benefit also have potential risk. You are encouraged to ask questions regarding possible risks of chiropractic and/or CFR treatment.

IF YOU HAVE AN ANEURYSM, ARE ON BLOOD THINNERS, HAD FACIAL OR MAXILLARY SURGERY, HAVE BRAIN CANCER (EITHER BENIGN OR MALIGNANT), ARE ALLERGIC TO LATEX, OR EXPERIENCED A PREVIOUS CVA, YOU MAY NOT BE A CANDIDATE FOR THIS TREATMENT. YOUR INITIALS BELOW ATTEST TO THE FACT THAT YOU HAVE BEEN FULLY INFORMED OF THESE INHERENT RISKS AND THAT NONE OF THESE ISSUES PERTAIN TO YOU, AND THAT YOU TAKE FULL RESPONSIBILITY FOR ANY ADVERSE REACTIONS RELATING TO ANY OF THE ABOVE-MENTIONED CONDITIONS.

INITIALS _____

My signature below confirms that I have read the paragraphs above and that I understand what my doctor has told me about possible risks of treatment and that I have had the opportunity to ask questions and have my questions answered. I also understand that there is NO guarantee that Chiropractic or CFR treatment will work for me or help improve my condition. I understand that my condition may even get worse, and though this is usually not the case, the doctor has explained this possibility to me, I fully understand it, and I am still agreeing to proceed with the recommended treatment. I have fully disclosed to my doctor my medical history regarding the above spécified complicating factors and all other conditions that have caused symptoms in the past.

Patient Name _____

Signature _____Date _____